

USATF-NE Youth Track Meet

SATURDAY, June 15, 2019 - 10:00 a.m.
Innovation Academy, Tyngsborough MA
72 Tyng Rd (Rt.3A)

Please do not arrive before 9:00 a.m. as the facility will not be open!!

Age groups - standard USATF groups by year of birth:

8/Under Born 2011 & later 9-10 Born 2009-2010 11-12 Born 2007-2008 13-14 Born 2005-2006

Facility: 400 meter synthetic surface, 1/4" spikes only (will be checked)
Starting blocks in 100 only Restrooms, no lockers

Registration and Pre Entry through Thursday June 13 at 7:00 p.m.

Entry Fees 2019 USATF MEMBERS: \$5 per athlete - \$10 for non-members

USATF-NE Clubs should request separate entry procedure office@usatfne.org
Online entry -

Day of Event Entry - 9:00 - 10:00 a.m. only All meet day entries - \$20 per athlete

ENTRY LIMIT 2 track events + 1 field event, or 1 track + 2 field plus relay

Events: Races will run in order with no specific start times after the first event

Track - Order is girls then boys, youngest to oldest. Age groups and may be combined

Field - Shot and discus are limited to 2 warmup throws. No Runbacks in LJ/TJ - use a tape
3 throws or 3 jumps (LJ/TJ)

	TRACK	FIELD
10:00 am	100 meters	
	1500 meters (NO 10/under)	10:00 Shot Put G then B, young to old
	80 Hurdles (11-12 only)	10:00 High Jump ages 11-14 only B then G
	400 meters	10:00 Long Jump - girls and boys pits
	200 meters	Oldest to youngest
	800 meters	11:00 Discus Ages 11-14 only G then B
	4 x 100 relay (any combo ages/b/g)	12:00 Triple Jump - age 13-14 only
	800 / 1500 meter race walk (1 race for all)	

** Coaches MUST help set up and put away hurdles. No help, athlete may not compete

NOTE: The meet must be finished by 1:00 p.m.

CLUBS: MUST be prepared to work at one event

More info: USATF New England (617) 566-7600 / office@usatfne.org

Results and Outdoor Season Schedule can be found at newengland.usatf.org

COPY AS NEEDED - Fill out and bring to meet

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Athlete Name _____ M / F Birth Date _____

Club Name (not required): _____ 2019 USATF Number _____

Address: _____

Email _____ Phone _____

Assumption of risk: I understand that competing in track and field is a potentially hazardous event and may result in serious injury. In consideration of the entry being accepted, I hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against Innovation Academy., USATF, USATF-New England, its agents, representatives, successors, assigns, and any individuals associated with this event for any and all injuries suffered by my children at this event. I assume all risks associated with participating in this event including, but not limited to: falls, contact with other participants, officials, or spectators, all such risks being known and appreciated by me. I attest that my children are physically fit and trained to compete in this meet.

Signature _____ Date _____

(Parent or legal guardian)