



USA Track & Field - New England Junior Olympic Cross Country Championships

Sunday, November 17, 2019
Deerfield Park, Smithfield RI

Divisions – Age as of December 31, 2019	Distance
8 & under Boys and Girls* born 2011 & later	2000 meters
9-10 Boys and Girls born 2009 & 2010	3000 meters
11-12 Boys and Girls born 2007 & 2008	3000 meters
13-14 Boys and Girls born 2005 & 2006	4000 meters
15-16 Boys & Girls born 2003 & 2004	5000 meters
17-18 Boys & Girls born 2001 & 2002	5000 meters

USATF Rules (found at usatf.org) govern the competition

Eligibility: US Citizens, resident aliens, prep and foreign exchange students living in MA, NH, RI, and VT only.

USATF MEMBERSHIP

Runners must have a 2019 or 2020 USATF membership to enter the meet. Obtain membership online at www.usatf.org/member (preferred) or by mail. The 2020 Membership year begins November 1 and is good for all of 2019 and 2020 so wait until November 1 and save! USATF membership for ages 18 & under - \$20.00

ENTRY PROCEDURE

ALL ENTRY IS ONLINE at ATHLETIC.NET

Entry Fee is \$7 per athlete and only payable online (Visa, MasterCard, Discover, ACH are accepted)

There is a processing fee charged per entry. Please take the time to read the online entry instructions

Date of Birth must be Verified before entry!

If needed, **submit proof of date of birth** as soon as possible
office@usatfne.org Fax 617-939-0992

Birthdate verification ends at 7 p.m. November 12

**ENTRY CLOSES at 12:00 p.m. (Noon) on
WEDNESDAY NOVEMBER 13**

Complete all information on the online form waiver signature. Complete the entire process AND bring a copy of your receipt to the meet in case there are any questions

**CLUBS MUST HANDLE ALL OF THEIR MEMBER ENTRIES
NO RACE DAY ENTRY--ENTRY CLOSES NOV 13 AT NOON**

WAIVER Requests for Region I Meet

With prior approval, athletes competing in their HS XC championship on November 16 may be approved to advance as individuals directly to Region I. Full teams are NOT waived. **WAIVERS must enter the New England meet & pay the fee**
Email office@usatfne.org by November 12 to request waiver

AWARDS: TOP 15 FINISHERS IN EACH RACE

For additional information, course maps, and directions
newengland.usatf.org under Sports
Questions? office@usatfne.org

ENTRY CLOSES NOV 13 AT NOON

Schedule - NOTE THE TIMES!

8:30 a.m.	Check-in / Number pick-up begins (Number pickup continues until 2 pm)
10:30 a.m.	11-12 Girls 3000 meter
11:00 a.m.	11-12 Boys 3000 meter
11:30 a.m.	9-10 Girls 3000 meter
12:00 p.m.	9-10 Boys 3000 meter
12:40 p.m.	8/under Girls 2000 meter
1:00 p.m.	8/under Boys 2000 meter
1:30 p.m.	13-14 Girls 4000 meter
2:00 p.m.	13-14 Boys 4000 meter
2:30 p.m.	15-16 Girls 5000 meter AND 17-18 Girls Combined ages
3:00 p.m.	15-16 Boys 5000 meter AND 17-18 Boys Combined ages

COURSE TOURS

The course will be open on Saturday 2-4 pm for walks
Sunday course walk times will be announced on the website

LOCATION: Deerfield Park at Smithfield HS

GPS Address: Lisa Ann Cir Smithfield RI 02828

Follow parking monitor directions.

There is a fee for premium spots closest to the start/finish
No fee for parking at the high school 400 meters away

**ABSOLUTELY NO DOGS ALLOWED IN THE PARK
OR ON THE RACE COURSE.** Leave dogs at home.

TEAM SCORING: For USATF member clubs.

Top 5 finishers by Place, non-club runners removed.

Teams with more than 8 runners in one division **MUST** declare the 8 scorers before the race online or at registration.

Forms will be available. A, B, C teams may be declared.

** Teams **must** wear same color/design tops at the NE meet

Ages 15-18 - are one division for team scoring.

Individuals still score and advance in 2 year age groups.

REGION I JUNIOR OLYMPIC CHAMPIONSHIPS

Sunday, November 24

Bethpage State Park, Bethpage, Long Island, NY

The top 5 teams and other individuals in the top 30 at the New England meet **qualify** for the Region I meet.

REGION I ENTRY - Online only at athletic.net

Clubs must enter all Region 1 team runners together.

USATF National Junior Olympic XC Championships Madison WI, Saturday, December 14, 2019

The top 5 and other individuals in the top 30 in the Region I meet qualify for the National Championships. - www.usatf.org