

2022 Junior Olympics Track Events - Rolling Schedule Estimated Times
Order in Age Group is Girls than Boys

9:15 1500m RW

9:30 3000m

Race 1 Girls 11-12

Race 2 Girls 13-14,15-16,17-18 (Combined)

Race 3 Boys 11-12

Race 4 Boys 13-14,15-16,17-18 (Combined)

10:30 - Long Hurdles

400m Hurdles Boys 15-16 17-18 Combine

440mH Girls 15-16 17-18 Combined

200mH Girls 13-14

200mH Boys 13-14

10:50

100m Trials 7-8, 9-10, 11-12, 13-14, 15-16, 17-18 - top 8 times advance to final

Note: Girls 17-18 Final on Time No Additional Final

1500m

Race 1 Girls 8U , 9-10 Combined

Race 2 Boys Boys 9-10

Race 3 Girls 11-12

Race 4 Boys 11-12

Race 5 Girls 13-14

Race 6 Boys 13-14 Section 1

Race 7 Boys 13-14 Section 2

Race 8 Girls 15-16 17 -18 Combined

Race 9 Boys 15-16 17 -18 Combined

100m Finals

400m 7-8, 9-10, 11-12, 13-14, 15-16, 17-18

1:45

Sprint Hurdles

80mH

Girls 11-12 2 Sections

Boys 11-12

100mH/110mH

Girls 30" 13-14

Boys 33" 13-14

Girls 15-16 17-18 Combined

Boys 17-18

2:15

4x100 relays

800m

Race 1 – Girls (8/U and 9-10) Combined

Race 2 – Boys (8/U and 9-10) Combined

Race 3 Girls 11-12

Race 4 Boys 11-12 Section 1

Race 5 Boys 11-12 Section 2

Race 6 Girls 13-14 Section 1

Race 7 Girls 13-14 Section 2

Race 8 Boys 13-14 Section 1

Race 9 Boys 13-14 Section 2

Race 10 Girls 15-16, 17-18

Race 11 Boys 15-16, 17-18

2:55 200m G then B in Each Age Group

200m 7-8, 9-10, 11-12, 13-14, 15-16, 17-18

4x400 Relays

Race 1 (B 8/U) (G 11-12) and (B 11-12)

Race 2 (B 13-14) and (B 17-18)