

Region 1 Schedule ***REVISED AS OF JULY 6***

2022 REGION 1 JUNIOR OLYMPIC CHAMPIONSHIPS
Bowdoin College, July 8-9-10, 2022

SCHEDULE OF EVENTS
THIS WILL BE UPDATED WEEKLY

AGE GROUPS: (Age is as of December 31, 2021)

Group 1 - 7 - 8 years old born 2014⁺

Group 2 - 9-10 years old born 2012-2013

Group 3 - 11-12 years old born 2010-2011

Group 4 - 13-14 years old born 2008-2009

Group 5 - 15-16 years old born 2006-2007

Group 6 - 17-18 years old born 2004 -2005 and before July 31, 2022 (last day of National JO Championship)

GAMES Committee:

Peter Crapsey- Region 1
Association Region 1 Youth Chairs
Donald Berry, Referee
Robert Gidari, Officials representative

2022 REGION 1 JUNIOR OLYMPIC CHAMPIONSHIPS

SATURDAY, JULY 9 COMBINED EVENT SCHEDULE Revised as of July 5

9:20 AM **DECATHLON:** 15-18 will compete together
Events will follow in order with appropriate rest intervals between events
110 Meter Hurdles
Discus Throw
Pole Vault
Javelin Throw
1500 Meter Run

9:20 AM **HEPTATHLON** 15-18 will compete together
Events will follow in order with appropriate rest intervals between events.
Long Jump
Javelin Throw
800 Meter Run

SATURDAY, JULY 9 TRACK EVENT SCHEDULE Revised as of July 6

All Events Girls than Boys, Youngest to Oldest
If 8 or fewer report in hurdles/dash, final runs at finals time

9:30 AM	200 M Hurdles
9:50 AM	400 M Hurdles
10:10 AM	1500 M RACEWALK B/G - all ages Combined
10:30 AM	3000 M RACEWALK B/G - all ages Combined
12:00 PM	80 M HURDLES FINALS ONLY
12:30 PM	100 M HURDLES FINALS ONLY
12:50 PM	110 M HURDLES FINALS ONLY
1:00 PM	100 M TRIALS
3:00 PM	1500 M FINALS (Some ages may be combined)
4:00 PM	100 M FINALS
4:30 PM	400 M FINALS

SATURDAY, JULY 9 FIELD EVENT SCHEDULE

9:30 AM	POLE VAULT	ALL GIRLS - 4G, 5G, 6G	
9:30 AM	LONG JUMP	PIT #1 - 2B	PIT #2 - 2G
9:45 AM	HIGH JUMP DISCUS SHOT PUT MINI JAVELIN	PIT #1 - 3B 4B 5G & 6G 1 G	PIT #2 - 3G
11:00 AM	HIGH JUMP LONG JUMP DISCUS SHOT PUT MINI JAVELIN	PIT #1 - 4B PIT #1 - 3B 5B 2G 1B	PIT #2 - 4G PIT #2 - 3G
1:00 PM	HIGH JUMP LONG JUMP POLE VAULT DISCUS SHOT PUT MINI JAVELIN	PIT#1 - 2B PIT#1 - 1B ALL BOYS - 4B, 5B, 6B 6B 4G 2G	PIT#2 - 2G PIT#2 - 1G
2:15 PM	HIGH JUMP LONG JUMP DISCUS SHOT PUT MINI JAVELIN	PIT#1 - 5B & 6B PIT#1 - 4B 3B 3G 2B	PIT#2 - 5G & 6G PIT#2 - 4G
3:30 PM	LONG JUMP SHOT PUT AERO JAVELIN	PIT #1 - 5B 1G 3 G	PIT #2 - 5G
4:30 PM	LONG JUMP SHOT PUT AERO JAVELIN	PIT #1 - 6B 1B 3 B	PIT #2 6G

2022 REGION 1 JUNIOR OLYMPIC CHAMPIONSHIPS

SUNDAY, JULY 10 TRACK EVENT SCHEDULE Revised as of July 6

(All Track Events Girls than Boys, Youngest to Oldest)

8:30 AM 4X100 RELAYS (some ages may be combined)
11:00 AM 800 M FINALS
12:45 PM 200 M FINALS (No Trials)
1:15 PM 4X400 RELAYS (some ages may be combined)

SUNDAY, JULY 10 FIELD EVENT SCHEDULE

8:30 AM	TRIPLE JUMP SHOT PUT DISCUS JAVELIN	PIT#1 - 4B 5B/6B 3G 5G/6G	PIT #2 - 4G
10:00 AM	TRIPLE JUMP SHOT PUT DISCUS JAVELIN	PIT#1 - 5B 2B 4G 4B	PIT #2 - 5G
11:30 AM	TRIPLE JUMP SHOT PUT DISCUS JAVELIN	PIT#1 - 6B 3B 5G 4G	PIT #2 - 6G
1:00 PM	SHOT PUT DISCUS JAVELIN	CIRCLE #1 – 4B 6G 5B then 6B	CIRCLE #2 – 6G