

1st Western Mass. Summer Mini Meet

Saturday July 22, 2023, 10:00 a.m. to 1:00 p.m.

Minnechaug High School, Wilbraham MA
All-weather track



A mid-summer track & field meet for all ages with an emphasis on youth
Supported by USA Track & Field – New England

Eligibility – Age division is age on day of event
6/Under, 7-8, 9-10, 11-12, 13-14, 15-18
Open/Masters (age 19+) events

Entry – Limited to 3 events

Pre-Enter by Thursday, July 19 at 11:59 p.m..

at Athletic.net - <https://www.athletic.net/TrackAndField/meet/517939/register>

Pre-Entry Fee: \$10 first event, \$5 for 2nd and 3rd events

Limited day of event entry – 2 events only \$15 first event, \$10 for 2nd event

Track Events: 10:00 start. Events run in order, Young to Old

100m

Mile (for ages 11 and up only)

400m

200m

800m

Medley Relay - 100/100/200/400 - any combinations of age/sex. NO FEE

Field Events: 10:00 start. May take attempts any time during the meet

Age 14/under – 3 attempts Age 15+ – 4 attempts

Long Jump

Shot Put

TurboJav - YOUTH AGE 14/UNDER ONLY

300g 12/under, 500g age 13-18, implements provided by meet

USATF Rules apply in events

No starting blocks for ages 14/under

Race Day Procedures

- At registration, all competitors will be issued a number to be pinned on the front of the shirt. Announcements will be made for each event.
- Parents and coaches are NOT allowed on the infield
- Results will be posted onsite at meet and on athletic.net on Sunday

Have specific questions? Email lhelppa@usatfne.org