

42nd ANNUAL FRANK NEALON BOSTON TUNE-UP 15K
UPTON, MA SATURDAY, APRIL 1, 2023 10:00 AM

MALE OPEN TEAM Results

1.	3:52:54.9	TRACKSMITH BOSTON HARES	(0:46:35.0)
1	0:45:28.6	744 Louis Serafini	31
2	0:45:50.6	405 Benjamin Drezek	24
3	0:47:07.2	317 Colin Cernik	28
4	0:47:13.9	319 Ruben Sanca	36
5	0:47:14.6	314 Jack Leitch	24
2.	3:55:26.4	BOSTON ATHLETIC ASSOCIATION	(0:47:05.3)
1	0:45:22.9	478 Matthew McDonald	29
2	0:46:49.9	523 Erik Linden	23
3	0:47:33.0	347 Bronson Venable	32
4	0:47:42.6	388 Trevor wysong	25
5	0:47:58.0	354 Brian Harvey	35
3.	3:59:56.0	HARTBEAT NEW ENGLAND	(0:47:59.2)
1	0:45:58.4	262 Grant O'Connor	25
2	0:47:31.0	773 Everett Hackett	32
3	0:48:20.4	256 Malcolm Connor	28
4	0:48:42.4	540 John Prizzi	29
5	0:49:23.8	528 Roberto Piotto	25
4.	4:06:23.6	BATTLE ROAD TRACK CLUB	(0:49:16.8)
1	0:47:47.9	560 Mike Durkin	25
2	0:48:19.1	713 Mac Sloan Anderson	21
3	0:49:55.2	468 Lucas Estrada	26
4	0:49:58.9	573 Declan Neary	26
5	0:50:22.5	757 Nicholas Green	29
5.	4:11:22.3	CENTRAL MASS STRIDERS	(0:50:16.5)
1	0:48:11.4	709 Dan Vassallo	37
2	0:49:27.7	257 Keith McAteer	25
3	0:49:42.8	108 Scott Mindel	36
4	0:51:20.0	392 Josh Coakley	26
5	0:52:40.4	743 Daniel Raboin	31
6.	4:14:38.7	GREATER BOSTON TRACK CLUB	(0:50:55.8)
1	0:49:36.9	236 Eric Mendoza	38
2	0:50:50.2	558 Collin Styring	27
3	0:51:13.2	765 Matthew Morris	27
4	0:51:25.2	561 Erik Hinrichsen	34
5	0:51:33.2	600 Shaun Dever	36
7.	4:14:43.6	SOMERVILLE ROAD RUNNERS	(0:50:56.8)
1	0:49:57.7	716 Christopher Antunes	41
2	0:50:17.2	82 Alec Wright	28
3	0:50:18.6	567 Max Heller	22
4	0:51:52.1	557 Colin Carroll	38
5	0:52:18.0	373 Kassian Eaton	26
8.	4:15:50.3	WHIRLAWAY RACING TEAM	(0:51:10.1)
1	0:48:04.6	570 Shane Whalen	34
2	0:51:12.1	576 Tim Poitras	26
3	0:51:18.8	543 Derik Noland	28
4	0:52:30.5	326 Louis Saviano	32
5	0:52:44.3	364 Brandon Newbould	41
9.	4:18:31.9	NOTCH BREWING RUNNERS	(0:51:42.4)

1	0:49:26.2	266	Rex Radloff	35	
2	0:51:07.2	381	Gregory Keras	32	
3	0:51:55.2	410	Kyle Taylor	31	
4	0:52:09.4	225	Alexander Trotsky	32	
5	0:53:53.9	242	Scott Snyder	41	
10. 4:29:58.9 CAMBRIDGE RUNNING CLUB					(0:53:59.8)
1	0:50:54.7	174	Leif Anderson	36	
2	0:53:45.2	294	Matthew Pennock	28	
3	0:54:31.9	165	Wesley Mather	31	
4	0:55:21.9	549	Michael Harris	33	
5	0:55:25.2	510	Gabe Miller	27	
11. 4:37:05.8 CAMBRIDGE SPORTS UNION					(0:55:25.2)
1	0:47:55.3	479	Prescott Leach	40	
2	0:48:40.0	463	Jon Hunter	31	
3	0:58:06.4	419	Kevin Delaney	54	
4	1:00:54.1	710	Rahul Kabra	39	
5	1:01:30.0	439	Terry McNatt	58	
12. 4:37:54.5 GREATER LOWELL ROAD RUNNERS					(0:55:34.9)
1	0:53:24.4	163	Christopher Gendron	25	
2	0:55:04.3	336	Tony Ly	35	
3	0:55:31.5	159	Andrew Downey	38	
4	0:56:54.1	297	Cory Edwards	32	
5	0:57:00.2	756	Steve Gendron	35	
13. 4:40:14.3 BEN RUNNING CLUB					(0:56:02.9)
1	0:53:16.7	502	Xianrong wang	41	
2	0:53:59.9	402	Xiao Chen	36	
3	0:56:01.5	208	Mingliang Guo	46	
4	0:56:40.2	437	Cheng Zhong	41	
5	1:00:16.0	370	weijun Ma	51	
14. 4:57:24.5 GATE CITY STRIDERS					(0:59:28.9)
1	0:55:04.3	707	Brandyn Naro	36	
2	0:56:12.5	725	Mark Furler	40	
3	0:56:54.7	531	Ryan Aschbrenner	45	
4	1:02:20.2	192	Michael O'Neill	54	
5	1:06:52.8	186	Jim Hansen	64	
15. 5:02:48.1 GREATER SPRINGFIELD HARRIERS					(1:00:33.7)
1	0:53:58.7	245	Manny Wineman	44	
2	0:59:39.6	705	Christopher Gould	57	
3	1:00:26.6	349	Mark Staples	53	
4	1:01:47.7	203	Peter Fratini	58	
5	1:06:55.5	251	Andy MacDonald	63	
16. 6:10:08.9 WICKED RUNNING CLUB					(1:14:01.8)
1	1:06:38.1	778	Alen Yen	51	
2	1:07:23.1	255	Christian Nolin	50	
3	1:17:43.5	361	Tom Mistretta	60	
4	1:19:00.4	216	Mark Deluca	36	
5	1:19:23.8	742	Richard Kee	60	
17. 6:29:04.2 NEW ENGLAND 65 PLUS RUNNERS CLUB					(1:17:48.9)
1	1:05:16.3	434	Tom Amend	66	
2	1:18:08.5	48	William Pine	71	
3	1:19:17.5	100	John Puleo	69	
4	1:22:51.3	515	Leonard Busa	67	
5	1:23:30.6	66	John Keller	71	
18. 7:07:51.7 TRI-VALLEY FRONT RUNNERS					(1:25:34.4)
1	1:13:07.6	33	Henning Smith	47	
2	1:19:09.2	23	Paul Donoughe	60	

3	1:29:09.8	519 Daniel Davin	63
4	1:30:44.5	61 Bill Chaplin	55
5	1:35:40.6	249 Steven Aubut	51

MALE MASTERS 40+ TEAM Results

1. 4:16:38.6 TRACKSMITH BOSTON HARES (0:51:19.8)

1	0:48:12.3	715 Alex Taylor	43
2	0:51:01.4	322 Brendan Prindiville	46
3	0:52:12.4	316 Ryan Kenny	43
4	0:52:33.6	330 Dan Smith	44
5	0:52:38.9	440 Matthew Shamey	43

2. 4:24:50.4 SOMERVILLE ROAD RUNNERS (0:52:58.1)

1	0:49:57.7	716 Christopher Antunes	41
2	0:52:26.4	359 Christopher Klucznik	40
3	0:53:56.6	403 Ken Thayer	40
4	0:54:03.0	585 Sean McDonough	40
5	0:54:26.7	98 Kieran Condon	45

3. 4:29:07.7 BOSTON ATHLETIC ASSOCIATION (0:53:49.6)

1	0:52:01.5	533 Jason Reilly	40
2	0:52:05.5	393 Tomas Folch	44
3	0:52:29.9	341 Justin Maloney	44
4	0:54:05.2	346 Larry Aller	44
5	0:58:25.6	470 Michael Dunlop	53

4. 4:32:15.8 CENTRAL MASS STRIDERS (0:54:27.2)

1	0:52:51.8	259 Gregory Putnam	53
2	0:53:29.2	583 Arthur Besse	50
3	0:53:58.8	104 Iain Ridgway	43
4	0:55:15.7	123 Joseph Shairs	54
5	0:56:40.3	227 Scott Grandfield	57

5. 4:43:32.3 NOTCH BREWING RUNNERS (0:56:42.5)

1	0:53:53.9	242 Scott Snyder	41
2	0:55:16.8	38 Dan Donato	41
3	0:55:18.5	584 Rick Brandt	48
4	0:58:58.5	158 Mattheu Kelsch	46
5	1:00:04.6	99 Shawn Conway	52

6. 4:45:26.7 WHIRLAWAY RACING TEAM (0:57:05.4)

1	0:52:44.3	364 Brandon Newbould	41
2	0:56:56.3	498 Charlie Bemis	60
3	0:58:14.6	544 Dave Dechellis	48
4	0:58:35.7	481 John David Toscano	54
5	0:58:55.8	511 Doug Martyn	63

7. 4:47:25.2 BEN RUNNING CLUB (0:57:29.1)

1	0:53:16.7	502 Xianrong wang	41
2	0:56:01.5	208 Mingliang Guo	46
3	0:56:40.2	437 Cheng Zhong	41
4	1:00:16.0	370 weijun Ma	51
5	1:01:10.8	348 Jian Ye	50

8. 5:01:09.7 CAMBRIDGE SPORTS UNION (1:00:14.0)

1	0:47:55.3	479 Prescott Leach	40
2	0:58:06.4	419 Kevin Delaney	54
3	1:01:30.0	439 Terry McNatt	58
4	1:06:21.9	416 Daniel Goldman	58
5	1:07:16.1	424 Thomas Dmukauskas	47

9.	5:02:48.1	GREATER SPRINGFIELD HARRIERS			(1:00:33.7)
1	0:53:58.7	245	Manny Wineman	44	
2	0:59:39.6	705	Christopher Gould	57	
3	1:00:26.6	349	Mark Staples	53	
4	1:01:47.7	203	Peter Fratini	58	
5	1:06:55.5	251	Andy MacDonald	63	
10.	5:15:00.0	GATE CITY STRIDERS			(1:03:00.0)
1	0:56:12.5	725	Mark Furler	40	
2	0:56:54.7	531	Ryan Aschbrenner	45	
3	1:02:20.2	192	Michael O'Neill	54	
4	1:06:52.8	186	Jim Hansen	64	
5	1:12:39.8	578	Emmet Clifford	53	
11.	5:27:09.0	GREATER LOWELL ROAD RUNNERS			(1:05:25.8)
1	0:59:13.3	411	Donald Fay Jr	49	
2	1:03:53.6	217	John Barbour	68	
3	1:07:51.3	211	Matt Story	49	
4	1:08:00.3	91	Kevin Christie	65	
5	1:08:10.5	97	Ken Goodin	68	
12.	6:27:37.7	WICKED RUNNING CLUB			(1:17:31.6)
1	1:06:38.1	778	Alen Yen	51	
2	1:07:23.1	255	Christian Nolin	50	
3	1:17:43.5	361	Tom Mistretta	60	
4	1:19:23.8	742	Richard Kee	60	
5	1:36:29.2	74	Mark Everett	58	
13.	6:29:04.2	NEW ENGLAND 65 PLUS RUNNERS CLUB			(1:17:48.9)
1	1:05:16.3	434	Tom Amend	66	
2	1:18:08.5	48	William Pine	71	
3	1:19:17.5	100	John Puleo	69	
4	1:22:51.3	515	Leonard Busa	67	
5	1:23:30.6	66	John Keller	71	
14.	7:07:51.7	TRI-VALLEY FRONT RUNNERS			(1:25:34.4)
1	1:13:07.6	33	Henning Smith	47	
2	1:19:09.2	23	Paul Donoughe	60	
3	1:29:09.8	519	Daniel Davin	63	
4	1:30:44.5	61	Bill Chaplin	55	
5	1:35:40.6	249	Steven Aubut	51	

 MALE SENIORS 50+ TEAM Results

1.	2:41:36.7	CENTRAL MASS STRIDERS			(0:53:52.3)
1	0:52:51.8	259	Gregory Putnam	53	
2	0:53:29.2	583	Arthur Besse	50	
3	0:55:15.7	123	Joseph Shairs	54	
2.	2:54:27.8	WHIRLAWAY RACING TEAM			(0:58:09.3)
1	0:56:56.3	498	Charlie Bemis	60	
2	0:58:35.7	481	John David Toscano	54	
3	0:58:55.8	511	Doug Martyn	63	
3.	2:58:05.4	BOSTON ATHLETIC ASSOCIATION			(0:59:21.8)
1	0:58:25.6	470	Michael Dunlop	53	
2	0:58:46.4	476	Michael McGrane	52	
3	1:00:53.4	335	Paul Davies	56	
4.	3:01:53.9	GREATER SPRINGFIELD HARRIERS			(1:00:38.0)

1	0:59:39.6	705 Christopher Gould	57	
2	1:00:26.6	349 Mark Staples	53	
3	1:01:47.7	203 Peter Fratini	58	
5. 3:02:53.9 TRACKSMITH BOSTON HARES				(1:00:58.0)
=====				
1	0:58:24.5	490 Mauricio Garces	52	
2	1:01:32.1	493 Thomas Dolan	55	
3	1:02:57.3	28 Paul Donovan	57	
6. 3:03:56.2 BEN RUNNING CLUB				(1:01:18.8)
=====				
1	1:00:16.0	370 Weijun Ma	51	
2	1:01:10.8	348 Jian Ye	50	
3	1:02:29.4	574 Luping Quan	53	
7. 3:05:58.3 CAMBRIDGE SPORTS UNION				(1:01:59.5)
=====				
1	0:58:06.4	419 Kevin Delaney	54	
2	1:01:30.0	439 Terry McNatt	58	
3	1:06:21.9	416 Daniel Goldman	58	
8. 3:09:53.8 NOTCH BREWING RUNNERS				(1:03:18.0)
=====				
1	1:00:04.6	99 Shawn Conway	52	
2	1:02:06.0	42 Brad Gates	51	
3	1:07:43.2	52 Scott Cody	52	
9. 3:10:56.9 SOMERVILLE ROAD RUNNERS				(1:03:39.0)
=====				
1	1:00:42.5	204 Steve Botic	54	
2	1:00:59.2	45 Joe O'leary	55	
3	1:09:15.2	145 Kaz Naganuma	60	
10. 3:20:04.4 GREATER LOWELL ROAD RUNNERS				(1:06:41.5)
=====				
1	1:03:53.6	217 John Barbour	68	
2	1:08:00.3	91 Kevin Christie	65	
3	1:08:10.5	97 Ken Goodin	68	
11. 3:21:52.8 GATE CITY STRIDERS				(1:07:17.6)
=====				
1	1:02:20.2	192 Michael O'Neill	54	
2	1:06:52.8	186 Jim Hansen	64	
3	1:12:39.8	578 Emmet Clifford	53	
12. 3:31:44.7 WICKED RUNNING CLUB				(1:10:34.9)
=====				
1	1:06:38.1	778 Alen Yen	51	
2	1:07:23.1	255 Christian Nolin	50	
3	1:17:43.5	361 Tom Mistretta	60	
13. 3:42:42.3 NEW ENGLAND 65 PLUS RUNNERS CLUB				(1:14:14.1)
=====				
1	1:05:16.3	434 Tom Amend	66	
2	1:18:08.5	48 William Pine	71	
3	1:19:17.5	100 John Puleo	69	
14. 3:43:13.0 SUGARLOAF MOUNTAIN ATHLETIC CLUB				(1:14:24.4)
=====				
1	1:09:01.6	125 Brian Pickell	64	
2	1:11:53.7	727 Kerry Strayer	63	
3	1:22:17.7	390 Derek Postema	65	
15. 4:19:03.5 TRI-VALLEY FRONT RUNNERS				(1:26:21.2)
=====				
1	1:19:09.2	23 Paul Donoughe	60	
2	1:29:09.8	519 Daniel Davin	63	
3	1:30:44.5	61 Bill Chaplin	55	

1.	3:02:55.4	WHIRLAWAY RACING TEAM	(1:00:58.5)
=====			
1	0:56:56.3	498 Charlie Bemis	60
2	0:58:55.8	511 Doug Martyn	63
3	1:07:03.3	526 Ken Warren	61
2.	3:20:04.4	GREATER LOWELL ROAD RUNNERS	(1:06:41.5)
=====			
1	1:03:53.6	217 John Barbour	68
2	1:08:00.3	91 Kevin Christie	65
3	1:08:10.5	97 Ken Goodin	68
3.	3:21:09.9	CENTRAL MASS STRIDERS	(1:07:03.3)
=====			
1	1:01:49.1	261 Daniel Verrington	60
2	1:07:55.3	306 Ernst Linder	68
3	1:11:25.5	197 Mike McCormick	64
4.	3:37:52.3	BEN RUNNING CLUB	(1:12:37.5)
=====			
1	1:09:50.5	210 Gary Yu	66
2	1:12:10.2	290 Huaqin wu	60
3	1:15:51.6	288 Zhuang Zhang	67
5.	3:42:42.3	NEW ENGLAND 65 PLUS RUNNERS CLUB	(1:14:14.1)
=====			
1	1:05:16.3	434 Tom Amend	66
2	1:18:08.5	48 William Pine	71
3	1:19:17.5	100 John Puleo	69
6.	3:43:13.0	SUGARLOAF MOUNTAIN ATHLETIC CLUB	(1:14:24.4)
=====			
1	1:09:01.6	125 Brian Pickell	64
2	1:11:53.7	727 Kerry Strayer	63
3	1:22:17.7	390 Derek Postema	65
7.	3:58:40.7	SOMERVILLE ROAD RUNNERS	(1:19:33.6)
=====			
1	1:09:15.2	145 Kaz Naganuma	60
2	1:23:30.7	161 Rich Lawson	60
3	1:25:54.8	67 Vittorio Montanari	63
8.	4:05:00.8	CAMBRIDGE SPORTS UNION	(1:21:40.3)
=====			
1	1:13:13.0	451 Bill Crown	68
2	1:14:03.5	240 Marshall Randolph	74
3	1:37:44.3	46 Paul Grant	75

MALE SENIOR VETERAN 70+ TEAM Results

1.	4:06:10.0	NEW ENGLAND 65 PLUS RUNNERS CLUB	(1:22:03.4)
=====			
1	1:18:08.5	48 William Pine	71
2	1:23:30.6	66 John Keller	71
3	1:24:30.9	58 John Hackney	77
2.	4:10:58.3	GREATER LOWELL ROAD RUNNERS	(1:23:39.5)
=====			
1	1:17:43.1	183 Chip Mann	70
2	1:24:16.2	114 Stavros Kanaracus	78
3	1:28:59.0	213 Chip Bradley	73