



**USATF-NEW ENGLAND JUNIOR OLYMPIC TRACK & FIELD CHAMPIONSHIPS**  
**Saturday June 24, 2023**

**COMPETITION PROCEDURES**

**Divisions- by birth year 8 /**

Under 2015 / 2016 / 2017

9-10 – 2013 / 2014

11-12 – 2011 / 2012

13-14 – 2009 / 2010

15-16 - 2007 / 2008

17-18 2005 / 2006 (also 2004 if born July 31 or later)

**GENERAL POLICIES**

**\* ONLY CREDENTIALLED OFFICIALS, CREDENTIALLED COACHES, and ASSIGNED VOLUNTEERS ARE ALLOWED ON THE INFIELD OR INSIDE LANE 8 OF THE TRACK. COACHES ARE NOT ALLOWED ON THE INFIELD DURING MEET.**

*Parents/Coaches may not accompany their athlete to check-in on the infield regardless of athlete age.*

**\* The only exception is to assist an athlete in getting a jump mark. The individual must then leave prior to the start of competition**

**\* COMPETITORS MAY NOT POSSESS OR USE ELECTRONIC DEVICES INCLUDING CELL PHONES, EARPHONES, AND COMPUTERS ON THE INFIELD. Individuals with such devices will immediately be escorted to the track exit gates.**

**No dogs except for identifiable service animals are allowed in the facility – including stands, team areas, field event areas. Security will be asked to remove the animal and owner.**

**Please be aware of the order of events as the schedule runs in order, not on a time schedule. Competitors may not hear all announcements but it is still their responsibility to report in a timely manner.**

Before entering events, please consult the schedule and understand how entering multiple events may create conflicts. Time schedules are not exact, and may require check-in at multiple events at the same time. It is the responsibility of the athlete/coach to resolve conflicts.

**TRACK EVENTS**

**All track event competitors check-in for their events at the Clerking tent on the infield.**

Once checked in and assigned a heat and lane, the competitor is responsible for being in the proper section of a race.

Athletes will not be allowed to compete if they miss their assigned section. HS 15-18 MUST use blocks for all sprint events; 13-14 top 2 sections ONLY in 200m & 400m can use blocks; ALL 100m Finals ONLY can use blocks ALL AGES; All Hurdle events ALL ages can use blocks. ALL ATHLETES ARE RESPONSIBLE FOR SETTING AND PLACING BLOCKS ON THEIR OWN.

**FIELD EVENTS**

**Field event competitors check in with the official at the respective field event area**

Field event competitors who are also in running events may be moved within flights, or excused for a reasonable time to run

Athletes must check out with and report back to the field event official or risk not competing or not completing all attempts. Missed trials are allowed only if the competitor returns before the competition ends (age 7-14) or before the finals begin (age 15-18). In the pole vault and high jump, the bar is not lowered after the competition begins.

Warmup periods – A maximum 15 minute before a new age group, and 5 minutes between flights.

NOTE: In field events including long, triple jumps and javelin warm-ups, no runbacks from the board will be allowed for any Age Groups (RUNBACKS IN HJ ONLY). A common tape measure from the board down the runway will be available to obtain marks. Coaches may assist athletes in getting marks but must leave the area before competition begins.

## SCHEDULE OF EVENTS

### FIELD EVENTS

Attempts in all throws and in the long and triple jumps

**Ages 7-8 9-10 11-12 – 3 attempts for all athletes, top 8 get 4th attempt**  
**Ages 13-14 – 3 attempts for all athletes, top 8 get 4th attempt**  
**Ages 15-16 17-18 – 3 attempts for all athletes, top 6 get 3 final attempts**

**TIMES MAY BE ADJUSTED AFTER ENTRIES CLOSE. SCHEDULE CHANGES WILL BE POSTED AT CHECK-IN**

<b>Long Jump</b>	<b>9:15am</b>	Age 7-8 Girls <b>AND</b> Boys in Pit 1, Girls age 9-10 in Pit 2. Ages 11-12 BOYS PIT 1, GIRLS PIT 2 9-10 boys, 11-12's <b>Boys follow in age order in Pit 1, and Girls then follow in Pit 2</b>
<b>Triple Jump</b>	<b>1:30pm</b>	PIT 1 - ALL BOYS 13-18; PIT 2 - ALL GIRLS 13-18 (ALL ages check in at 9:15!)
<b>Long Jump</b>	Ages 13-18 -	Follows Triple Jump in the listed order PIT 1 – Boys 13-14 then 15-16 then 17-18; PIT 2 Girls 13-14 then 15-16 and 17-18
<b>High Jump</b>	<b>9:45am</b> <b>1:45pm</b>	<b>Girls 15-16/17-18 combined, then Boys 15-16/17-18 combined; Then 13-14 Girls/Boys combined</b> <b>Girls 9-10 AND Boys 9-10 combined; then Girls 11-12; then Boys 11-12</b>  Lowest opening heights for high jump - 9-12yr - 1.00m, 13-14yr - 1.10m, 15-18yr - 1.20m
<b>Pole Vault</b>	<b>11:00am</b> <b>1:00pm</b>	All GIRLS TOGETHER Lowest opening heights - <b>13-14 - 5'6" 15-16 - 6'6" 17-18 – 7'6"</b> All BOYS TOGETHER Lowest opening heights - <b>13-14 – 6'6" 15-16 - 8'0" 17-18 – 9'0"</b>
<b>Javelin</b>	<b>9:45 am</b>	Girls 13-14; then Girls 15-16/17-18 combined; then Boys 13-14; then boys 15-16/17-18 combined Synthetic Runway ALL: MINIMUM 10.00 to measure. <b>Boys:</b> minimum measure after first throw: 15/16-25.00m 17/18-35.00m
<b>Mini-Javelin</b>	<b>12:30 pm</b>	Boys 7-8 then Boys 9-10; then Girls 7-8 then Girls 9-10
<b>Aero-Javelin</b>	<b>1:30 pm</b>	11-12 Boys then Girls
<b>Shot Put</b> (ONE CIRCLE)	<b>9:45 am</b> <b>11:45am</b>	Girls 15-16; then Girls 13-14 then Girls 17-18; then Boys 13-14 then Boys 15-16 then Boys 17-18 Boys 7-8 then Boys 9-10 then Boys 11-12; then <b>Girls 7-8 / 9-10 combined</b> then Girls 11-12
<b>Discus</b>	<b>12:00pm</b> <b>2:00 pm</b>	All Girls 11-12, then 13-14, then 15-16, then 17-18; May combine age groups All Boys 11-12; then 13-14, then 15-16, then 17-18; May combine age groups
<b>Hammer</b>	<b>3:00 pm</b>	All Girls followed by all boys

### **TRACK EVENTS** Age groups will be combined if numbers in events are small - Order in age group is Girls then Boys

9:15AM:	1500m Race Walk ALL AGES - ONE RACE- all will race 1500m
9:30AM:	3000m Run 11-12, 13-14, 15-16, 17-18 (SOME AGES WILL BE COMBINED)
10:30AM:	400m hurdles 36" B 15-16, B 17-18 400m hurdles 30" G 15-16, G 17-18 200m hurdles 30" All 13-14, Girls then Boys
11:00AM:	100m Trials 7-8, 9-10, 11-12, 13-14, 15-16, 17-18 - top 8 times advance to final 1500m 7-8, 9-10, 11-12, 13-14, 15-16, 17-18 (May combine age groups) 100m Finals 7-8, 9-10, 11-12, 13-14, 15-16, 17-18 400m 7-8, 9-10, 11-12, 13-14, 15-16, 17-18
2:45PM:	80m hurdles 30" All 11-12 Girls then Boys - All hurdles are final races, place on Time 100m hurdles 30" 13-14 Girls 100m hurdles 33" 13-14 Boys 100m hurdles 33" 15-16, 17-18 Girls 110m hurdles 39" 15-16, 17-18 Boys
3:15PM	4x100m Relay 7-8, 9-10, 11-12, 13-14, 15-16, 17-18 (May combine age groups) 800m 7-8, 9-10, 11-12, 13-14, 15-16, 17-18 200m 7-8, 9-10, 11-12, 13-14, 15-16, 17-18
6:00PM	4x400m Relay 7-8, 9-10, 11-12, 13-14, 15-16, 17-18 (May combine age groups)