



USATF-NE SUMMER 5k SERIES – ON THE TRACK!!

COME JOIN US FOR THIS INAUGURAL SERIES! A CHANCE TO GET A FAT 5K TIME ON THE TRACK AHEAD OF THE XC SEASON!! 2 DATES!!

***OPEN TO ALL ABILITIES – SECTIONS RUN BY TIME (ANTICIPATED TIME SCHEDULE BELOW W/FINAL TIME SCHEDULE PUBLISHED AFTER ENTRIES CLOSE!!)

DATES: AUGUST 9TH MEET #1 & August 23rd MEET #2

LOCATION: Belmont Hill School, Belmont MA

TIMING: Fully Automatic Timing provided by Triangle Timing

REGISTRATION COST: \$15

REGISTRATION: REGISTER VIA ATHLETIC.NET OR DIRECT ATHLETICS

[LINK TO REGISTER: MEET #1 AUG 9th](#)

[LINK TO REGISTER: MEET #2 AUG 23rd](#)

LIVE RESULTS: PROVIDED BY TRIANGLE TIMING – RESULTS WILL BE UPLOADED TO ATHLETIC.NET, MILESPLIT, AND DIRECT ATHLETICS

ANTICIPATED SCHEDULE W/ PACE RANGE:

4:00PM: PACE 25MINS – 30MINS

4:30PM: PACE 22MINS – 25MINS

5:00PM: PACE 20MINS - 22MINS

5:30PM: PACE 18:30MINS - 20MINS

6:00PM:PACE 17MINS - 18:30MINS

6:30PM:PACE 15:30MINS - 17MINS

7:00PM: PACE 14:00MINS - 15:30MINS