



USATF-NEW ENGLAND JUNIOR OLYMPIC TRACK & FIELD CHAMPIONSHIPS
Friday June 12 / Saturday June 13, 2026
Fitchburg State University, 160 John Fitch Highway, Fitchburg, MA 01420

TRACK EVENTS – FRIDAY JUNE 12

Facility opens at 2:30 p.m.

TRACK EVENTS BEGIN AT 4:45 p.m.

THIS IS THE PROJECTED TIME SCHEDULE and will be adjusted after entries close

PLEASE BE SURE ATHLETES KNOW THEIR AGE DIVISION – age on December 31, 2026

- 4:45 p.m.: **1500m Race Walk** - 1 Section with all ages and all genders
 - All ages will contest 1500m, with ages 13+ contesting the 3000m at Region 1
- 5:00 p.m.: **3000m** run (5 Sections planned)
- 6:15 p.m. **200m Hurdles** (30") Girls and Boys
 - All contestants may, but are not required, to use starting blocks
- 6:30 p.m. **400m Hurdles**
 - Girls (30") Ages 15-16 then 17-18
 - Followed by
 - Boys (36") Ages 15-16 then 17-18
 - All contestants must use starting blocks
- 7:00 p.m. **200m TRIALS - GIRLS**
AGE DIVISIONS 13-14, 15-16, 17-18 ONLY (age as of December 31)
TOP 8 TIMES advance to Saturday's 200m FINAL with all other Age Divisions
 - 13-14 use of starting blocks is options
 - 15-16 & 17-18 must use starting blocks
- 7:30 p.m.: **200m TRIALS - BOYS**
AGE DIVISIONS 13-14, 15-16, 17-18 ONLY (age as of December 31)
TOP 8 TIMES ADVANCE TO SATURDAY'S 200M FINAL WITH ALL AGE DIVISIONS.
 - 13-14 use of starting blocks is options
 - 15-16 & 17-18 must use starting blocks
- 8:00 p.m.: **Mixed Relays:** Ages 15-16 and 17-18 ONLY
4x400m Mixed Relay (ORDER: Boy, Girl, Boy, Girl)
Followed by
- **4x100m Mixed Relay** (ORDER: Girl, Girl, Boy, Boy)
 - All lead-off must use starting blocks



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TRACK EVENTS – SATURDAY JUNE 13

Facility opens at 8:30 p.m.

TRACK EVENTS BEGIN AT 10:30 a.m.

THIS IS THE PROJECTED TIME SCHEDULE and will be adjusted after entries close

PLEASE BE SURE ATHLETES KNOW THEIR AGE DIVISION – age on December 31, 2026

STARTING BLOCKS POLICY

In 100m, 200m, 400m, in all Hurdles, and in all Relays

- Age Divisions 8&U, 9-10, 11-12 - MAY NOT USE STARTING BLOCKS.

- Age Division 13-14 - Starting Block use is OPTIONAL.

- Age Divisions 15-16 & 17-18 – Starting Block use is REQUIRED

COMPETITION ORDER unless otherwise noted

- - ALL GIRLS FOLLOWED BY ALL BOYS YOUNGEST TO OLDEST:

- 10:30 a.m.: **HURDLES**
- All Hurdle races are finals, with place on time
 - 80M HURDLES 30” 11-12 GIRLS THEN BOYS
 - 100M HURDLES 30” 13-14 GIRLS
 - 100M HURDLES 33” 15-16, 17-18 GIRLS
 - 100M HURDLES 36” 13-14 BOYS
 - 110M HURDLES 15-16, 17-18 BOYS

- 11:00 a.m.: **100M TRIALS**
- 8/Under, 9-10YR, 11-12YR, 13-14YR, 15-16YR, 17-18YR
- – TOP 8 TIMES ADVANCE TO FINAL.
See starting block policy above

- 12:00 p.m.: **1500M**
 - 12:00 p.m. GIRLS PROJECT 6 SECTIONS
 - 12:50 p.m. BOYS PROJECT 6 SECTIONS

- 1:45 p.m.: **100M FINALS**
- TOP 8 Times from Trials earlier in day - 12 total sections
See starting block policy above

- 2:05 p.m.: **400M**
- See starting block policy above
 - 2:05 p.m. GIRLS
 - 2:40 p.m. BOYS

- 3:00 p.m. **4 X 100m RELAY**
- See starting block policy above
 - 3:00 p.m. GIRLS
 - 3:10 p.m. BOYS

- 3:20 p.m.: **800M**
- 8/Under, 9-10YR, 11-12YR, 13-14YR, 15-16YR, 17-18YR
 - 3:20 p.m. GIRLS
 - 3:50 p.m. BOYS

- 4:40 p.m.: **200M Final**
- Places on time for Ages 7-8, 9-10, 11-12
 - 4:40 p.m. GIRLS
 - 5:00 p.m. BOYS

- 5:15 p.m.: **200M FINALS** – Age Divisions 13-14, 15-16, 17-18
- **TOP 8 TIMES FROM FRIDAY NIGHT TRIALS**
- 15-16 & 17-18 ARE REQUIRED TO USE BLOCKS
 - 6 sections total

- 5:30 p.m.: **2000m Steeplechase** Ages 13-14, 15-16, 17-18
 - All GIRLS COMBINED 30” barriers
 - 13-14 BOYS 30” barriers
 - 15-16 & 17-18 BOYS COMBINED 36” barriers

- 6:00 p.m.: **4 X 400m RELAY**
- All Girls followed by all boys, young to old
- See starting block restrictions above
 - GIRLS 6:15 p.m.
 - BOYS 6:30 p.m.