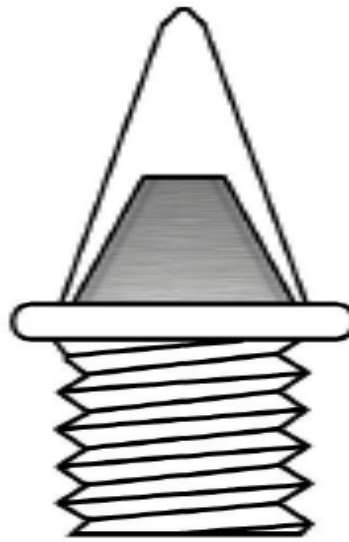
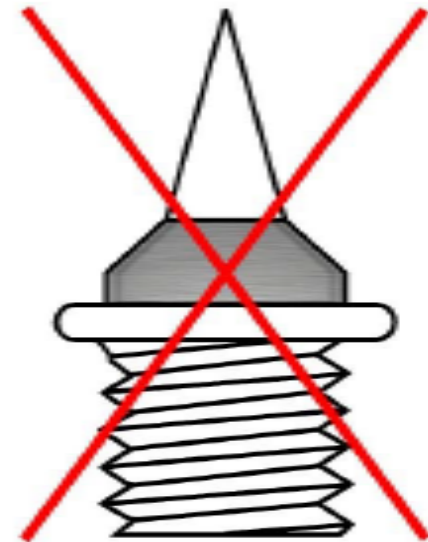




**NO**  
**Christmas**  
**Tree Spike**  
**Pins**



**1/4"**  
**Pyramid**  
**"Cone Shape"**  
**Only**



**NO**  
**Needle**  
**Spike**  
**Pins**

Shoes with permanent spikes are prohibited.

All Spikes need to be checked and tagged at initial spike check and at check- in for your event. Anyone with the wrong spikes will be disqualified from the meet and puts your team in jeopardy for returning for future meets.