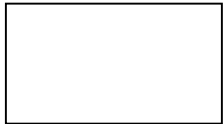


2020 USATF – NEW ENGLAND



INDOOR TRACK & FIELD CHAMPIONSHIPS



Sunday, February 23, 2020

HARVARD UNIVERSITY – Gordon Track

North Harvard St, Allston (Boston) MA

Registration: 9:00 a.m. Events: 10:00 a.m.

NOTE: Harvard charges a \$10 parking fee – so carpool!

ENTRY PROCEDURE / FEES

ENTRY FEES ARE NON-REFUNDABLE FOR REASONS WHICH INCLUDE WEATHER CANCELLATION

\$20 for first event, \$10 2nd and 3rd event, 3 total max

MAIL IN: Received through February 19

ON-LINE: ON-LINE PREFERRED

link at newengland.usatf.org

Registration closes at 9:00 pm Wednesday February 19

Team fees for large teams - request team form

NO MEET DAY ENTRY IN ANY Individual EVENT

RELAYS: Clubs/schools may enter on site at no charge.

AWARDS: Medals to top 3 in each event.

High Performance Award - \$100 to M & F individual with the best IAAF table point scorer over 950 points

The meet is an event in USATF-NE Points Chase

Scoring based on IAAF Point tables. See website

USATF MEMBERSHIP

Open athletes must have 2020 USATF membership to enter Membership form at www.usatf.org

College / Prep school, / NIRCA teams entered by the school do not need membership. Contact USATF-NE for info

Checks payable to: USATF-NE

Mail in: USATF-New England

P.O. Box 1905, Brookline MA 02446

Deadline- Wednesday February 19, 9:00 pm

More and updated info & online entry link at

www.newengland.usatf.org under Events

Questions - office@usatfne.org

SCHEDULE / ORDER OF EVENTS

TRACK Women – Men – Masters Fast sections first

SCHEDULE FINALIZED AFTER ENTRIES CLOSE

10:00 am **5000 meter** Women 18:00 limit for last lap start

10:20 am **5000 meter** Men 15:15 limit for last lap start

10:40 am **3000 meter Race Walk**

Men / Women combined 20:00 limit

11:00 am **60m Hurdles** (timed final- W / ScholasticB / M)

11:20 pm **Mile** (W 6:00 limit / M 4:50 limit)

12:10 pm **60 m TRIALS - W / M / final for Masters**

FOLLOWED BY 60 m FINAL (Top 8 times)

1:00 pm **400 m** (blocks in heat 1 only)

1:30 pm **800 m** (W / M (M 2:10 limit)) / Masters M)

2:00 pm **200 m** (blocks-Open hts 1-2 only) W/ M/ Masters

2:40 pm **3000 m (W / M)** 11:20 W / 10:00 M limits

To follow **4x440 Yards Relay**

Distance Medley Relay (may run M/W together)

JUMPS – 6 to final in LJ / TJ

Minimum distance measured after 1st attempt

10:30 am **Long Jump (Women then M)** elevated pit.

Min. measure 4.30m W, 5.00m M

10:30 am **Triple Jump (Men then W)** Surface pit

boards 26', 35', 42' (W follows W LJ)

Masters Long Jump M/W follows TJ- 4 jumps

11:00 am **Pole Vault** First up by 20cm, then by 15cm

Women open 2.80m then Men open 3.55m

1:00 pm **High Jump** Men first open 5'8"; W open 4'8"

THROWS – 6 to final

9:30 a.m **Scholastic Boys Weight (12.40m min. measure)**

Scholastic boys may enter one- either 25lb or 35lb

10:30 am **Weight Throw - MEN then WOMEN**

Min. measure 9.50 meters

To Follow **Shot Put (M then W)**

Min. measure 10.50m M, 9.00m W)

Scholastic boys by invitation

Masters 40+ Only Events: LJ 60, 200, Men 800,

USA TRACK & FIELD - NEW ENGLAND INDOOR CHAMPIONSHIPS

Sunday, February 23, 2020

ENTRY FORM (Team Entry Form available upon request – team fee – request from office@usatfne.org)

Last Name _____ First Name _____

Address _____

City _____ State ____ Zip _____

Club/Affiliation _____ Male/Female _____ Age (as of 2/23/2020) _____

2020 USATF Number (required) _____ e-mail _____

** membership required for all except college / prep school athletes entered by the school

Event Best Recent Performance/Date Scholastic Boys – may not enter 20 & 35lb Wt

1. _____ **\$20** _____ **May not entry both 3000 and 5000**

2. _____ **+\$10** _____ **3 Event Entry Limit**

3. _____ **+\$5** _____

All fees must be paid prior to the meet. Team entry form available

ASSUMPTION OF RISK AND WAIVER: I understand that competing in track and field is a potentially dangerous event and may result in serious injury. In consideration of accepting this entry into the USATF-New England Indoor Track & Field Championships, I hereby for myself, my heirs, executors and administrators waive and release any and all rights and claims for damages I may have against USATF, USATF-New England, its employees, agents, officers, the Fellows of Harvard College, Harvard University and its Athletic Department, sponsors, volunteers and their representatives, successors and assigns for any and all injuries suffered by me in said event, or as a result of my travel to and from the competition. I attest and certify that I am physically fit and have sufficiently trained for the competition. I acknowledge that my entry fee is non-refundable.

SIGNATURE: _____ Date: _____ **Version 1/1/20**