



# USA TRACK & FIELD - NEW ENGLAND CROSS COUNTRY CHAMPIONSHIPS

Run with the cooperation of Boston Parks Dept.

**Sunday, November 10, 2019, 10:00 a.m.  
Franklin Park, Boston MA**

## ***The 105th year of cross country at Franklin Park***

### **SCHEDULE**

10:00 a.m. Men's Masters 8K  
10:55 a.m. Women's Open and Masters 6K  
11:40 a.m. Men's Open 10K

**The meet is the final event in the 2019 USATF-NE All Terrain Runner series**

**Entry is open to USATF members and collegians from any association**

Awards are limited to USATF-New England Individual and Club members

Minimum age for entry is sixteen (16) years old on race day

### **TEAM SCORING –by place**

Men's Open, 40 / 50+, and Women's Open: Top 5 finishers / 2 displacers

Men's 60 / 70+, Women's 40 / 50 / 60 / 70+ : Top 3 finishers / 2 displacers

**Masters Men may only run in one race – not both masters and open races**

### **TEAM PRIZE MONEY (NE Association Clubs only)**

Open Men and Women: 4 places

Men and Women 40-plus 3 places

Men and Women 50-plus: 2 places

Men & Women 60-plus and 70+ 1 place

**USATF (National) will award \$500 to the winning Men's and Women's Teams for travel to the USATF Fall Club National Championships in Bethlehem PA on December 14. Must send a scoring (5 runner) team**

### **INDIVIDUAL AWARDS -New England association members only**

#### **Championship Medals**

Top 3 Open, top 3 Masters in 5 year divisions

#### **Individual Prize Money**

OPEN – 3 places:

Top 3 age graded age 40+ men at 8 km and women at 6 km

**COURSES – The standard Franklin Park courses. Maps at [usatfne.org/cross](http://usatfne.org/cross)**

Footing is a mix of fields and trails with some exposed rocks.

**PARKING** at the course is limited– **\*Ride sharing strongly recommended \*\***

**FACILITIES:** Toilets only. No changing facilities.

**\*\*\*\*\*ABSOLUTELY NO DOGS allowed on the course or in the race area.**

### **ONLINE ENTRY PREFERRED**

Requires USATF membership

**Deadline Wed.November 7,11:59 pm**

**Link at [newengland.usatf.org/](http://newengland.usatf.org/)**

College teams may submit a spreadsheet, still need signed waivers

### **ENTRY FEES AND DEADLINES**

\$15 - received by Wednesday, Nov 7

\$30 - day of event.

### **USATF MEMBERSHIP**

All participants must have current **2019 or 2020** USATF membership.

EXCEPTION: Collegians entered by the school /redshirt /NIRCA do not need USATF membership

2020 USATF membership is available online **after Nov. 1** for \$30, and is valid from 11/1/19 to 12/31/2020

**Checks payable to *USATF- NE***  
**Mail entry form with entry fee to**

USATF-New England

P.O. Box 1905

Brookline, MA 02446

Telephone: 617-566-7600

[office@usatfne.org](mailto:office@usatfne.org)

[www.newengland.usatf.org](http://www.newengland.usatf.org)

**THANKS TO** Boston Parks Dept

Boston HS Cross Country

Brookline HS Cross Country

USATF Certified Officials

*CHECK [newengland.usatf.org](http://newengland.usatf.org) for updates or changes*

## **ENTRY FORM - USATF-New England Cross Country Championships Sunday, November 10, 2019**

**Please print clearly Fee: \$15 per individual on time, \$30 per individual on race day. Online entry is preferred**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Address: \_\_\_\_\_ City/State/ZIP: \_\_\_\_\_

Age on November 4 \_\_\_\_\_ Gender: M / F Email: \_\_\_\_\_

Club Name: \_\_\_\_\_

USATF Membership # - 2019 or 20 (required): \_\_\_\_\_ (only collegians entered by their school are waived)

### **Fee must be submitted with the entry form**

**Assumption of Risk:** I recognize that cross country running is a potentially hazardous activity and may result in serious injury. In exchange for acceptance of this entry, I for myself, my executors, administrators and assigns, do hereby release any rights and claims for damages I may have against USATF, USATF-New England, the City of Boston, and any and all sponsors and individuals involved with the presentation and conduct of the USATF-NE Cross Country Championships. I hereby attest that I have full knowledge of the risk involved in running in this race, and I am physically fit and sufficiently trained to participate in this race. I am aware that I may not run with a dog, nor may I wear any form of headphones while competing.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

(Parent or Guardian if under age 18)

FORM AS OF SEPTEMBER 25, 2019